




Seat height adjustment

Adjust the seat height by lifting the lever **1** (on the right side of the chair) towards the seat. Hold the lever until you find the optimal seat height.

Backrest height adjustment

Adjust the height of the backrest by holding the backrest with both hands and gradually raising it to the desired position. With the last lift, the backrest lowers again to the lowest position.

Inclination of the backrest adjustment

Use the lever **2** (on the left side of the chair, with a  symbol) to adjust the angle of the backrest. When the backrest is in a fixed position, turn the lever backward. The backrest is now in a relaxed position, so you can move it back and forth. When you have found the optimal position, turn the lever **2** forward and fix the backrest in the selected position. As long as you do not fix the inclination of the backrest, it remains active.

Weight tension control

Weight tension control enables you to adjust the chair to your body weight so you can lean back safely. You regulate the tension using the lever **3** (on the right side of the chair, with a +/- symbol).

Seat depth adjustment

Adjust the seat depth by lifting the lever **4** (on the left side of the chair) towards the seat. Hold the lever until you find the optimal seat position.